

Midwife Interview Checklist

Credentials + Experience

- Licensed/credentialed in this state (what credential?)
- Years practicing + approx. births attended
- CPR + newborn resuscitation (NRP) current
- Works in my preferred setting (home / birth center / hospital)

Safety + Emergency Readiness

- What equipment/meds do you bring/have for emergencies?
- How do you handle heavy bleeding (PPH)?
- How do you handle newborn breathing issues at birth?
- How often do you practice emergency drills?

Transfer Plan (if things change)

- Clear reasons you'd transfer during pregnancy vs during labor
- Which hospital do you transfer to most often, and why?
- Do you come with us and advocate during transfer?
- ~~Your transfer rate + most common reasons~~

Fit + Style

- How do you do informed consent / shared decisions?
- How do you support low-intervention preferences?
- How do you handle it if I decline a test or intervention?
- How do you handle pain management options (including epidural if hospital transfer)?

Prenatal Care

- Visit schedule + typical visit length
- Standard tests you recommend (and what's optional)
- How you screen/manage: GBS, gestational diabetes, high BP/preeclampsia

Labor Support

- When to call you + when you arrive
- Who will actually be at the birth (you, assistant, backup, student?)
- Are you continuously present once you arrive?
Comfort measures you use (positions, tub, etc.)

Postpartum + Newborn Care

- Postpartum visit plan (timing + how many)
- Breastfeeding/lactation support
- Postpartum mental health screening/support
- Newborn care + how you handle jaundice
- Newborn meds/shots approach (Vit K, erythromycin, Hep B)

Logistics + Money

- Backup coverage if you're at another birth/sick
- How to reach you after-hours + response expectations
- Total cost + what's included
- Extra fees + refund policy if transfer happens
- Insurance/superbill/payment plans

Summary

- I feel heard and respected
- Safety + transfer plan sounds confident and specific
- Postpartum support feels solid (not vague)
- Costs/contract are clear
- I'd trust this person in a stressful moment